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Songs, Science Spirit

By Heather A. MacTavish

Provident Publishing. Paperback. Book Condition: New. Paperback. 220 pages. Dimensions: 9.9in. x 7.0in. x 0.4in. Songs, Science and Spirit explores and explains the biological, emotional and spiritual aspects of our actions and interactions as they relate to health, rhythm and music. It is an invaluable sourcebook for diverse populations, acting as a guidebook, a book of stories, a primer, and a reference manual - illustrating how awareness, presence, and compassion can enhance and transform lives. The author, diagnosed with Parkinsons disease in 1995 is a pioneer of new ways to deliver rhythm-based events to the elderly and individuals with disabilities. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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