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# GET OVER IT!: FINDING RELEASE FROM THE PRISON OF THE PAST



HarperCollins Publishers (Australia) Pty Ltd. Paperback. Book Condition: new. BRAND NEW, Get Over It!: Finding Release from the Prison of the Past, Bev Aisbett, Got difficulties? Get over it.GET OVER IT is the perfect resource to help you feel more grounded in your ability to face the difficulties in your life. Finding Release From the Prison of the Past Got difficulties? Get over it .the past can be a prison which traps us in the illusion that life is hard,...

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- Authored by Bev Aisbett
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