



The Breakthrough Factor: Creating Success and Happiness Through a Life of Value

By Henry Marsh

Touchstone. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.4in. x 5.5in. x 0.7in. Use the power of principles to transform your life. In his repeated bids for Olympic gold, Henry Marsh learned that the highest degree of reward and satisfaction is to be found in the unswerving pursuit of personal excellence. The Breakthrough Factor is Marsh's comprehensive plan to achieve a life of value by determining what principles or values to live by and thus find the fulfillment and reward we all desire. Here, Marsh provides a plan for clarifying dreams, rooting out negative influences, setting priorities, establishing plans of action, and meeting goals. He shows how to ensure incredible results in all spheres of life -- in relationships, financial circumstances, career decisions, physical health -- by making choices and arranging priorities around a fruitful set of values and beliefs. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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